



AUGUST 2009

# LifeLines

## Help for Parents of Children With Special Needs

Your EAP can be a helpful resource for parents of children of all ages with special needs. Whether you are looking for reliable information sources or other types of support, your EAP Counselors can help with:

- Support groups in your area
- Referrals for counseling
- Parenting tips
- Emotional support
- Communicating with schools and agencies
- Understanding your child's needs

### Your EAP: We're Here for you and your family 24/7

Get support, guidance, and resources on all of life's issues, big and small.

Call for free, confidential assistance from one of our caring and professional Counselors.

Online: articles, self-assessments, locators, expert health and wellness content, multimedia learning tools, manager resources, Ask the Expert, and more.

HARRIS, ROTHENBERG  
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**American General**  
Life Companies

## Life4.1.1



This month, get the 411 from your **Work/Life** Program on...

### **Back to School**

In a few short weeks it will be time to prepare those "What I Did Over My Summer Vacation" reports. August's Life411 packet is designed to help you and your child get ready for the upcoming school year with resources on:

- Working with a budget for back-to-school items
- Getting involved in your child's education
- Talking to your child about bullying and safety

Log on to [www.harrisrothenberg.com](http://www.harrisrothenberg.com) to learn more, or call to speak with a Specialist.

WEBSITE: [www.agemployeebenefits.com/EAP](http://www.agemployeebenefits.com/EAP)

PHONE: 888.673.1149

Username: ag

Password: eap